

**SRI KALABYRAVESHWARA SWAMY  
AYURVEDIC MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTRE, BANGALORE**

**LIST OF ARTICLES PUBLISHED DURING 2021**

<b>sl</b>	<b>1st Author</b>	<b>Co Author</b>	<b>Title</b>	<b>Journal</b>	<b>year</b>	<b>departmen t</b>
1	Dr Mahesh Kalled	Dr Jeena George, Dr C V Rajashekhar	An Ayurvedic Approach to koshtashkashrita kamala W. S. R alcoholoc hepatitis - A case study	JAIMS	Jan - Feb 2021	Kayachikitsa
2	Dr. Vimarsha S	Dr. Abdul Khader	Critical Understanding of Kriyakala	World Journal of Pharmaceutical and Life Sciences	Aug-21	Kayachikitsa
3	Dr. Vimarsha S	Dr. Abdul Khader	POLCYSTIC KIDNEY DISEASE-CHRONIC KIDNEY DISEASE AND IT'S AYURVEDIC CLINICAL SUCCESSIVE STORY	European Journal of Biomedical and Pharmaceutical Sciences	Dec-21	Kayachikitsa
4	Dr. Sindhura A S	Dr. Abdul Khader	Janubasti: A Known Invasive Treatment modality in Osteoarthritis Knee joint	European journal of biomedical and pharmaceutical sciences	March 2021 , Volume 8, Issue 4	Kayachikitsa
5	Dr Vijayalakshmi S	1) Dr Abdul khader 2)Dr Kiran M Goud	UNDERSTANDING AVARANA IN RELATION WITH INSULIN RESISTANCE W.S.R TO MADHUMEHA	European Journal of Biomedical and Pharmaceutical Sciences	Jan-21	Kayachikitsa

6	Dr. Vimarsha S	Dr. Abdul Khader	Critical understanding of Kriyakala	Wjpls	Aug-21	Kayachikitsa
7	Dr. Priyadars hini. H. P	Dr. Abdul Khader, Dr. Amrita. E. Pady	Ayurvedic approach to psychiatry w.s.r to Generalized anxiety disorder	EJBPS	July 1st 2021	Kayachikitsa
8	Dr Sahana Krishna	Dr C.V Rajashekhar	Importance of Rasayana therapy in the management of AIDS	WJPLS	Jul-21	Kayachikitsa
9	Dr Vijayalaks hmi S	Dr Abdul khader, Dr Kiran M Goud	UNDERSTANDING AVARANA IN RELATION WITH INSULIN RESISTANCE W.S.R TO MADHUMEHA	EJBPS	Jan-21	Kayachikitsa
10	Dr Nimmi M Menon	Dr Manjunath Adiga, Dr Amritha E Pady	Understanding Parkinson's Disease (PD) In Ayurvedic Prospective	IJAPR	Jun-21	Kayachikitsa
11	Dr Nimmi M Menon	Dr Manjunath Adiga, Dr Amritha E Pady	Adaptation and limitation of ritucharya in the present scenario	WJPPS	Jul-21	Kayachikitsa

12	Dr Manasa S	Dr Abdul Kahader , Dr C V Rajeshkar	Concept of cerebellar ataxia and it's management through Ayurveda: A bird view	European journal	Jul-21	Kayachikitsa
13	Dr Shruti	Dr Manjunatha Adiga	Understanding and clinical applicability of Charakokta Dashvidha parikshya bahava	WJPLS	Jul-21	Kayachikitsa
14	Dr Nimmi M Menon	Dr Manjunath Adiga	Adaptation and limitations of ritucharya in the present scenario	World Journal of Pharmacy and Pharmaceutical Sciences	### ##	Kayachikitsa
15	Dr. Priyadars hini. H. P	Dr. Abdul khader (MD (ayu), PhD, Dr. Amrita. E. Pady MD (ayu)	Ayurvedic approach to psychiatry w. s. r. to Generalized anxiety disorder (GAD)	European journal of biomedical and pharmaceutical sciences	Jul-21	Kayachikitsa
16	Dr Nimmi M Menon	Dr Manjunath Adiga, Dr Amritha E Pady	Understanding Parkinson's Disease (PD) In Ayurvedic Prospective	International Journal of Ayurveda And Pharma Research	Jun-21	Kayachikitsa

17	Dr Vijayalakshmi S	Dr Abdul khader, Dr Kiran MGoud	Understanding avarana in relation with insulin resistance w.s.r to Madhumeha	EJBPS	Jan-21	Kayachikitsa
18	Dr Vijayalakshmi S	Dr Abdul khader	Yava- A Boon Food to Madhumehi vis-a-vis type 2 Diabetes mellitus	EJBPS	Sep-21	Kayachikitsa
19	Dr Sahana Krishna	Dr C.V Rajashekhar	Importance of Rasayana therapy in the management of AIDS	Wjpls	July	Kayachikitsa
20	Dr Sahana Krishna	Dr C.V Rajashekhar	Virechana karma A Boon in the management of Pakshaghata- A critical analysis	Ejbps	October,	Kayachikitsa
21	Dr Priyadarsini	Dr Abdul khader Dr Amritha E Pady	Ayurvedic Approach to psychiatry w. s. r to Generalised anxiety disorder	European journal of biomedical and pharmaceutical science	Jun-21	Kayachikitsa
22	Dr Nimmi M Menon	Dr Manjunath adiga Dr Amritha E Pady	Understanding Parkinsons disease in ayurvedic prospective	International journal of Ayurveda and pharma research	Jun-21	Kayachikitsa
23	Nimmi M Menon	Dr Manjunath Adiga Dr Amritha E Pady	Adaptation and limitation Of ritucharya in the present scenario	World journal of pharmacy and pharmaceutical sciences	May-21	Kayachikitsa

24	Dr Manasa S	Dr Rajashekhar C V	An epitome of Guillain Barre Syndrome and it's Management through Ayurveda	WJPLS	### ##	Kayachikitsa
25	Dr Nimmi M Menon	Dr Amritha E Pady, Dr Manjunath Adiga	Understanding Parkinsons Disease in Ayurvedic Propective	IJAP	Jun-21	Kayachikitsa
26	Dr Priyadars hini	Dr Amritha E Pady, Dr Abdul khader	Ayurvedic Approach to psychiatry w s r to generalised anxiety disorder	European journal of biomedical and pharmaceutical science	Jun-21	Kayachikitsa
27	Dr Sindhura AS	Dr. Abdul Khader	Janubasti-A noninvasive treatment modality in osteoarthritis knee joint	EJBPS	Mar-21	Kayachikitsa
28	Dr Vijayalaks hmi S	Dr Abdul khader, Dr Kiran M Goud	Understanding Avarana in relation with Insulin resistance with special reference to Madhumeha	EJBPS	Jan-21	Kayachikitsa
29	Dr Vijayalaks hmi S	Dr Abdul khader	Yava- A Boon Food to Madhumehi vis-a-vis type 2 Diabetes Mellitus	EJBPS	Sep-21	Kayachikitsa
30	Dr. ELGEENA VARGHES E	Prashath kekuda T.R, Meera Kuttikrishnan	Ratrijagarana night wakefulness and its impact on Manasika Bhava mental characteristics among Industrial workers: A descriptive cross	JAIM( JOURNAL OF AYURVEDA AND INTEGRATED MEDICIN	Dec-21	Kriya Shareera

			sections study	E)		
31	Hemant	Dr. Shreyas D.M. & Dr. Kiran M. Goud	A CLINICAL STUDY TO EVALUATE THE EFFECT OF GOMUTRA HARITAKI IN THE MANAGEMENT OF JALODARA W.S.R. CIRRHOTIC ASCITIS	European Journal of Biomedical AND Pharmaceutical sciences	Nov-21	Panchakarma
32	Hemant	Kiran M. Goud, Shreyas D. M.	Role of climatic in practice of Panchakarma: A Critical Review	(IJRAP) International Journal of Research in Ayurveda and Pharmacy	Jan-Feb 2021	Panchakarma
33	Hemant	Dr Shreyas D. M. & Dr. Kiran M. Goud	A CASE REPORT ON MANAGEMENT OF TANDAVA VATA (LEVODOPA INDUCED DYSKINESIA) THROUGH PANCHAKARMA	WORLD JOURNAL OF PHARMACY AND PHARMACEUTICAL SCIENC	Dec-21	Panchakarma
34	Dr S Triveni Manju	Dr Vinay Kumar	Role of koshtha and Agni in panchakarma -A Critical Review	IJRAP	Feb-21	Panchakarma
35	Dr. Nagalakshmi.B	Dr. Vinay Kumar K. N	Significance of astamahadoshakara bhavas in Panchakarma: a review	Ijrap	Mar-21	Panchakarma
36	Dr. Hemant	Dr. Shreyas D.M. & Dr. Kiran M. Goud	ROLE OF CLIMATE IN PRACTICE OF PANCHAKARMA - A CRITICAL REVIEW	IJRAP	Jan-Feb, 2021	Panchakarma
37	Dr. Nagalaksh	Dr. Vinay Kumar K. N	An observational study to evaluate the	Jaims	Jan-feb	Panchakarma

	mi.B		effect of vaitarana basti in the management of vatakaphaja ghridrasi vis-a-vis sciatica		2021	
38	Dr Lolashri S J	Dr Kiran M Goud	REVIEW ON UNDERSTANDING DYSLIPIDEMIA AND ITS MANAGEMENT IN AYURVEDA: A CONCEPTUAL PERSPECTIVE	IJRAP	March-April 2021	Panchakar ma
39	Dr. Bindushree N	Dr.Kiran.M.Goud	Different forms of Rookshanakarma in metabolic disorders	IAJR	May-21	Panchakar ma
40	Nagalakshmi B	Vinay Kumar K N	Significance of astamahadoshakara bhavas in Panchakarma - a review	Ijrap	Jan-21	Panchakar ma
41	Nagalakshmi B	Vinay Kumar K N	An observational study to evaluate the efficacy of Vaitarana basti in Vatakaphaja ghridrasi vis-a-vis sciatica	Jaims	Feb-21	Panchakar ma
42	Dr Shashikala	Dr lolashri S J	REVIEW ON THE CONCEPT OF ETIOPATHOGENESIS OF AMAVATA AND ITS MANAGEMENT WITH SPECIAL REFERENCE TO VIRUDDHA AHARA	IAJR	0/5/2021	Panchakar ma
43	Dr S Triveni Manju	Dr Vinay Kumar K N	Role oh koshta and agni in panchakarma- a critical review	IJRAP	February, 2021	Panchakar ma
44	Dr Muktha Bharadwaj K A	Dr Vinay Kumar K N	Alepa Chikitsa in Kushta - A Critical Review	IJRAP	Mar-21	Panchakar ma

45	Manak v m	Shreyas D M , Kiran M Goud	Panchakarma in swastha	IJRAP	Jun-21	Panchakar ma
46	Dr S Triveni Manju	Dr Vinay Kumar K N	Management of Avascualr necrosis of head of femur through Panchakarma- A Case Study	European Journal of Biomedic al and Pharmace utical Sciences	Nov-21	Panchakar ma
47	Dr S Triveni Manju	Dr Vinay Kumar K N	A Pilot study to evaluate the efficacy of Lanka Pinda Sweda in Gridhrasi vis a vis Sciatica	European Journal of Biomedic al and Pharmace utical sciences	Aug-21	Panchakar ma
48	Dr Bindushre e N	Dr. Supreeth. M. J	Role of pradhamana nasya in tamakaswasa	European journal of publicatio ns	Dec-21	Panchakar ma
49	Dr Manal Vilakkuma dathil	Dr Kiran M Goud	An Observational study to evaluate the effect of Agnikarma followed by Tikta Ksheera Basti in Vatakaphaja Gridhrasi vis a vis Sciatica	European Journal of Biomedic al and pharmace utical Science	Nov-21	Panchakar ma
50	Dr Lolashri S J	Dr Kiran M Goud, Dr Prasanna Kulkarni	Survey on the prevalence of Vegadharana in Cardiac disorders - A Observational pilot study	IJAPR	Sep-21	Panchakar ma
51	Dr. Muktha Bharadwa j K A	Dr. Vinay Kumar K N	Management of Asthenoteratozoospe rmia through Ayurveda - A Case Study	European Journal of Biomedic al and Pharmace utical	Nov-21	Panchakar ma



				Sciences		
52	Dr shashikala	Dr lolashri s.j	ROLE OF PRATIMARSHA NASYA IN STRENGTHENING THE HOST DEFENCE MECHANISM	2021-2022	### ##	Panchakar ma
53	Jagadesh Kumar Siramsetty	Shreyas D M, Kiran M Goud	ROLE OF SARVANGA UDVARTANA AND SARVANGA TAKRADHARA IN THE MANAGEMENT OF DIABETIC PERIPHERAL NEUROPATHY WITH SPECIAL REFERENCE TO MADHUMEHA: A CLINICAL STUDY	IJARP	Jan Feb 2021	PG Studies in Panchakar ma
54	Jagadesh Kumar Siramsetty	Shreyas D M, Kiran M Goud	EFFICACY OF ERANDAMOOOLADI BASTI IN THE MANAGEMENT OF JANU SANDHIGATAVATA VIS-A-VIS OSTEOARTHRITIS OF KNEE JOINT - AN OBSERVATIONAL CLINICAL STUDY	International ayurvedic medical journal	Feb-21	PG Studies in Panchakar ma
55	Dr. Yashaswini S	Dr. Papiyana	Role of Ayurvedic Interventions in treating Artava kshaya associated with hypothyroidism - A Case Report	JAIMS	Dec-21	Prasooti tantra and Stree roga
56	Dr. Harshitha. C. M	Dr. Anupama	Ayurvedic management of genital herpes - A case study	Wjpls	Dec-21	Prasooti tantra evum stree roga

57	Dr. Harshitha. C. M	Dr. Anupama. C. M	Application of modified sutika paricharya in LSCS patients - A conceptual study	Wjpls	Nov-21	Prasooti tantra evum stree roga
58	Dr Yashaswin i S	Dr Papiya Jana	Role of Ayurvedic Interventions in treating Artava Kshaya associated with Hypothyridism- A case report	Journal of Ayurveda and integrate d medical sciences	Nov-dec 2021	Prasuti Tantra Evum Stree Roga
59	Dr Jyoti Sharma	Dr Papiya Jana	Sutika Paricharya and its importance	Internatio nal Journal of Modern Pharmace utical and Research	May-21	Prasuti Tantra Evum Stri Roga
60	Dr Vidyavati R Chavan	Dr Papiya Jana, Dr Shridevi M Reddy	Contraceotives in Ayurveda	Internatio nal Journal of Modern Pharmace utical Research	May-21	Prasuti Tantra Evum Stri Roga
61	Dr Vidyavati R Chavan	Dr Papiya Jana, Dr Chaitra N	Role of Garbhini Parichaeya in the prevention aspect of GDM	Internatio nal Journal of Modern Pharmace uticals Research	May-21	Prasuti Tantra Evum Stri Roga
62	Dr Jyoti Sharma	Dr Papiya Jana	Role of Shodhana in Pre- conceptional care	Journal of Ayurveda and Integrate d Medical Sciences	Jan-Feb 2021	Prasuti Tantra Evum Stri Roga
63	Dr Jyoti Sharma	Dr Papiya Jana	Maternal and Reproductive Health through Ayurveda	Journal of Ayurveda and Medical sciences	May-June 2021	Prasuti Tantra Evum Stri Roga

64	Dr Amrutha B S	Dr Anupama V , Dr Papiya Jana	An ayurvedic approach to anarthava with hypothyroidism - A case study	GAF	May 2021 - Approved	PTSR
65	Dr. Hamsashree	Dr. Anupama V	Garbhopaghatakara Bhava - A Conceptual Review	International Journal of Modern Pharmaceutical Research	Jan-21	PTSR
66	Dr Jyoti Sharma	Dr Papiya Jana	Sutika Paricharya and it's importance	IJMPR	7th January'2021	PTSR
67	Remya K Simon	Prasanna S	A Cadaveric case study on acquired multiple cystic kidney with its pathological and clinical implications	EJBPS	Aug-21	Rachana shareera
68	Shobha G,	Deepika, Remya K Simon, Simi prabhakaran, Muteebanaaz	A case study on ayurvedic management of PCOS with Amenorrohea	EJBPS	Sep-21	Rachana shareera
69	Jigisha P S	Uma B Gopal, Remya K Simon, Sanchita	Neurological understanding of shad chakra with special reference to vata dosha	IJAPR	Jul-21	Rachana shareera

70	CATHELI N J. K.	GOPAL T. L. , SUNITHA G. S.	ECHOES OF SYNTHESIS AND UNDERSTANDING OF HAIR DYE IN AYURVEDA : A REVIEW	R.G.U.H. S. - JOURNAL OF AYUSH SCIENCE S	Mar- 21	RASASHAS TRA AND BHAISHAJY A KALPANA
71	Tejaswini L N	Dr Sunitha G S	PALANDAANJANA - AN OPHTHALMIC PREPARATION	IJMPR - INTERNA TIONAL JOURNAL OF MODERN PHARMA CEUTICA L RESEARC H	Febr uary - 2021  , Volu me 5, Issu e 1	Rasashastr a and Bhaishajya Kalpana
72	Dr Suma Kaggod	Dr Shilpa S	Conceptual understanding of Etiopathogenesis of Renal oedema in Ayurveda w.s.r to Shotha	European Journal of Biomedic al and Pharmace utical Sciences	EJBP S, volu me 9, Issu e 1, 419- 425 (Jan uary )	Roga Nidana
73	Dr Priyanka BV	Dr Manjunatha Adiga	AYURVEDIC MANAGEMENT OF CHRONIC KIDNEY DISORDER: A CASE STUDY	IJRAP	2021	Samhita & Siddhanta
74	Dr Priyanka BV	Dr Manjunatha Adiga	THE CONCEPT SATMYA VIS A VIS CURD CONSUMPTION - A CROSS SECTIONAL CASE SERIES STUDY	INTERNA TIONAL AYURVE DIC MEDICAL JOURNAL	Apr- 20	Samhita & Siddhanta

75	Dr Priyanka BV	Vd Abhijit Joshi	Immunity - Ayurvedic Perspectives and Practices	WJPS	2021	Samhita & Siddhanta
76	Dr Priyanka BV	Dr Abhijit Joshi, Dr Manjunatha Adiga	concept of Pathya and Apathya with special reference to curd- A review	IAMJ	2021	Samhita & Siddhanta
77	Chaitrashree h m	Sujathamma k	Management of krimigranthi ( ulcerative blepharitis ) through ayurveda	JAIMS	July - august	Shalakya tantra
78	Dr varnni s.p.k,	Dr chaitra shree ,Dr kumari shrutiDr sujathamma	Management of covid-19 virus with indian system of medicine -A case study ,	Wjpr,	2021	Shalakya tantra
79	Dr varnni s.p.k,	Dr chaitra shree ,Dr kumari shrutiDr sujathamma	Rasa aushadis in nasa roga ,	Jiam,	2021	Shalakya tantra

80	Dr varnni s.p.k,	Dr chaitra shree ,Dr kumari shrutiDr sujathamma	Management of krimigrandi through ayurveda: a case study		2021	Shalakyatantra
81	Dr varnni s.p.k,	Dr chaitra shree ,Dr kumari shrutiDr sujathamma	effect of vasaguduchyadi kashaya in improving oxygen saturation in covid patient- a case report,	ijapr	2021	Shalakyatantra
82	Dr Sandhya Rani	Dr Sujathamma K	Ayurvedic management in epistaxis during pregnancy a case report	IAMJ	Feb-21	Shalakyatantra
83	Dr Sandhya Rani	Dr Sujathamma K	Ayurvedic management in epistaxis during pregnancy: a case study	IAMJ	Feb-21	Shalakyatantra
84	Dr Athira Rosh	Dr Veena Shekar	A review on Ocular manifestation of covid-19 and an ayurvedic overview	Journal of ayurveda and integrated medical sciences	Nov-dec 2021	Shalakyatantra
85	Dr Roopa kumatagi	Dr Hamsaveni. V	Comprehensive study of Sheetada, Dantavesta, Upakusha, Dantapupputa	JAIMS	September-October 2021	Shalakyatantra
86	Dr varnni s.p.k	Dr. Sujathamam. k	Management of covid-19. Virus with Indian system of	WJPR	Dec-21	Shalakyatantra

			medicine - a case study			
87	Dr kumari shruti joshi	Dr sujathamma K	Effect of vasaguduchyadi kashaya in improving oxygen saturation in covid patient- a case report	JAIMS	Aug-21	shalakya tantra
88	Dr. Roopa	Dr. Hamsaveni. V	Ayurvedic management of otomycosis (Kaphaja karbashoola)- A Case study	WJPLS	Aug ust-sept emb er 2021	Shalakya tantra
89	Dr.Roopa Kumatagi	Dr.Hamsaven i.v	Ayurvedic management of Otomycosis(Kaphaja karna shoola) - A Case study	WJPLS	Sep-21	Shalakya tantra
90	Dr Roopa Kumatagi	Dr. Hamsaveni	Comprehensive study of sheetada, Dantavesta, Upakusha Dantapupputa	JAIMS	Sept emb er - Octo ber 2021	Shalakya tantra
91	Kavya V	Shailaja SV	Management of ardra arshas by Karanja pratisaraneeya kshara - a case study	WJPLS	Oct-21	Shalya
92	Dr Manoj D C	Dr S V Shailaja	1. Insight to Bhinnavrana W.S.R To Stab Injuries. 2. Management of Gamma shaped Fistula-in-Ano Vis-A-Vis Bhagandara by Kshara Sutra- A rare case report.	1. WJPLS. 2. WJPLS	1. Mar ch 2021 . 2. Nove mbe r 2021	Shalya tantra
93	Dr Suchitra N Adiga	Dr Shankar S	Bandha vidhi-the Ayurvedic concept of Bandaging	Internatio nal journal of modern pharmace utical research	Janu ary, 2021	Shalya tantra

94	Dr Nisha Sharma	Dr Sheshashaye B	Insight on Raksha karma with sterilisation,	JAIMS	May-june 2021	Shalya tantra
95	Dr Nisha Sharma	Dr Sheshashaye B	A conceptual study of kshudra Roga's with special reference to shalyaja vyadhis	JAIMS	May-june 2021	Shalya tantra
96	Suchitra N Adiga	Dr Shankar S, Dr Shailaja S V	Bandhavidhi- An ayurvedic concept of bandaging	IJMPPR	Feb-21	Shalya tantra
97	Dr Vidyashree G	Dr S V Shailaja	Concept of trividha karma w.s.r to poorva karma in shalya tantra vyadhis	World journal of pharmaceuticals and life sciences	Feb-21	Shalya Tantra
98	Dr Kavya V	Dr Shailaja S.V	Raktastambanopayas in shalya vyadhis	JAIMS	Feb-21	Shalya tantra
99	Prashanti L P	Sheshashaye. B Shailaja S. v	CONCEPT OF ABHYANTARA VIDRADHI WITH INSIGHT ON VRIKKA VIDRADHI: A REVIEW	IJRAP	Apr-21	Shalya tantra
100	Dr Girish Desai	Dr Vishwanath Sharma, Dr S V Shailaja	Management of Dushtavrana by jaloukavachana- a case study	World journal of Pharmaceutical and Life Sciences (WJPLS)	Sep-21	Shalya Tantra
101	Dr Kavya V	Dr Shailaja S V	Rakta stambanopayas in shalya vyadhis	World journal of pharmaceutical life sciences (WJPLS)	Feb-21	Shalya Tantra
102	Dr Manoj D C	Dr S V Shailaja	Insight to Bhinnavrana WSR to Stab Injuries.	WJPLS	Mar-21	Shalya Tantra



103	Dr Vidyashree G	Dr Sheshashaye B, Dr S. V. Shailaja	Management of Bhagandhara by karanja kshara sutra- A case study	WJPLS	Dec-21	ShalyaTantara
104	Dr Shashirekha	None	"Irritated with IBS? "	Heritage Amruth	Dec-21	Swastavritta
105	Dr. Shashirekha S D	Dr.Prasanna Kulkarni	Ayurvedic Management of Sport injuries	Heritage Amruth	Jul-21	Swasthavritta
106	Dr Sunayana J	None	Pathya apathya in anorectal diseases	TDU heritage amruth	Dec-21	Swasthavritta